

Show your commitment to kids' health — register your school for Heart&Stroke Jump Rope for Heart!

Want your students to be more active and attentive at school while getting the chance to live long, healthy lives? Register for the Heart&Stroke Jump Rope for Heart program for the 2013–14 school year. By partnering with the Heart and Stroke Foundation, you are joining more than 4,000 schools that are making kids' health a priority while teaching students about social responsibility. Affirm your commitment to childrens' health by registering today!

Register your school today!

Easy to organize. A Heart&Stroke Coordinator will provide all the materials you need to run your event – including classroom curricula and presentation materials that teach the importance of active living and making healthy choices.

School Rewards. Your school can earn HeartSmart™ Points* that can be redeemed for valuable resources including sports equipment, school supplies, electronics and more. Earn one point for every student who participates and every dollar raised.

Healthier Students. Students will learn the importance of physical activity and nutrition through an engaging journey and can earn physically active Thank You Prizes for their fundraising efforts.

* Schools can also take a percentage of cash back based on the net revenue raised, or donate back to the Heart and Stroke Foundation.

Early-bird Registration Gift!

Get a Jump on It!

Register before June 30, 2013 to receive your choice of:

a \$20 Wintergreen Gift Card OR
a set of Fitness Cubes for your school!*



Take a JUMPCREDIBLE™ new journey this year!



There's never been a better time to sign up for JUMP! Get ready for a new, exciting and interactive Jump Rope for Heart experience. Leading up to Event Day, JUMP participants will enjoy healthy and active challenges and games with their families that will help them build a foundation for a healthier future.

Complete attached registration form and email or fax to us:

Tamara Bloor, SK North bloort@hsf.sk.ca
Karla Rempel, SK South rempekl@hsf.sk.ca

Phone 1-888-473-4636

Fax: 1-306-664-4016

WINTERGREEN

*Prize awarded to school upon the successful completion of event.